



Rachel Plamann

Title : Self portrait

Size : 3ft x 4ft

Medium : Oil on canvas

This piece was created to reflect upon the things that make me feel calm and peaceful. It was created using oil paint on canvas and was inspired by the painting "The Shepherdess," by Jean-Honore Fragonard. I wanted to replicate the blissful scene in the original artwork, but replace some of the elements with my own things to create an environment that is peaceful and happy for me.



Rachel Plamann

Title : The Love Embrace

Size : 24in x 18in x 14in

Medium : Mixed media

I created this piece to highlight nature and creation, and how it is often overshadowed and pushed aside by society. Inspired by Frida Kahlo, I wanted to pull from her symbolic uses of nature, and her feminist viewpoint on life. I used primarily found objects, wanting to create a piece of things that were discarded and turn them into something new. I referenced many of the elements in Kahlo's work, including the nature, hands, and planets, to create a work of my own.



Rachel Plamann

Title : Burning Out

Size : 16in x 24in

Medium : Acrylic on wood panel

In creating this piece, I wanted to show a moment in my life, and how it often consists of overworking and in a very cluttered state, both mentally and physically, and was created using acrylic paint on wood. Inspired by Owen Rival, I wanted to replicate his depictions of life, and the basic tasks and activities that often are not thought of, as well as the harsh unnatural lighting he uses. I want it to show the way students often put work before mental health, and how it impacts their surroundings.



Rachel Plamann

Title : Floating

Size : 18in x 24in

Medium : Graphite on watercolor paper

My intention in creating this piece was to give a sense of uneasy peacefulness. Although the descriptions are contradictory, it's something I feel in times when the future is uncertain, but nothing bad has happened. Inspired by Miles Johnston, I wanted to reflect his surrealist style and graphite techniques. I find that his paintings are very calm, but have a lingering feeling of discomfort, which I want to show in my own work.



Rachel Plamann

Title : Peace of Mind

Size : 4in x 6in

Medium : Block print

With this piece, I want to explore the feeling of being in a state of calm and quiet on the inside, even when it may be the opposite on the outside. I wanted to show how it feels to finally be at peace, hence the name. This was created by block print, and inspired by the artist Kiyshi Saitō. His work showed a large variety of texture and line work, as well as lots of different floral elements that I pulled into my own piece.



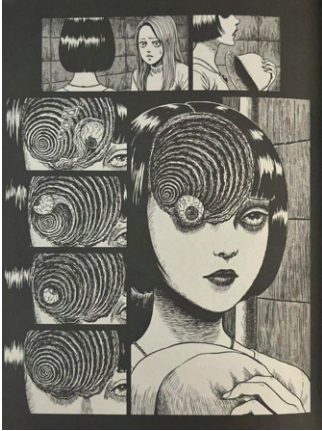
Rachel Plamann

Title : Multitasking

Size : 2ft x 2ft

Medium : Acrylic on wood panel

The purpose of this piece is to give an insight into my state of mind due to adhd, which makes it incredibly difficult for me to focus and finish the tasks I start. Because of this, I am often in a very messy state, mentally and physically, but lack the motivation to do anything about it. I took inspiration from camilaas.art, with her use of many figures scattered around the room, all doing different things. I really liked the sense of disorganization, and wanted to replicate it in my own piece.



Rachel Plamann

Title : Sweet Dreams

Size : 14in x 10in

Medium : ink, watercolor, gouache, acrylic paint, and colored pencil on illustration board

Inspired by horror manga artist Junji Ito, I created this piece to reflect on my relationship with sleep and insomnia. I often find it very difficult to sleep, or even become tired, and this has a huge influence on my day to day life and how well I am able to function and get things done. Much of Ito's work focuses on a lack of control, which is something I feel in situations of sleeplessness, and want to reflect into this mixed media piece.



Rachel Plamann

Title : Untitled

Size : 2ft x 2ft

Medium : Oil paint on canvas

Inspired by Johannes Vermeer's work "The Art of Painting," I wanted to create something that showed the beauty of art, while also showing the progress made towards art being a more accessible activity. In the time the original painting was created, art was something reserved for the high class, as it was much more expensive and required much more materials. Now, however, things like digital art, the internet, and more affordable supplies exist to make art accessible to anyone who wants to try.



Rachel Plamann

Title : Portrait of Lucy

Size : 18in x 20in

Medium : Acrylic paint on wood

Inspired by Mary Cassatt's painting "Modern Woman," I wanted to show the strides that have been made to empower women. In this portrait of my sister, I showed her reading a book, surrounded by the things that interest her. Cassatt uses many bright colors and smooth blending, which I would like to use in my own work. Her feminist themes encouraged young girls to take hold of their lives, and the aftermath of this is shown in my piece.



Rachel Plamann

Title : No Fashion on a Dead Planet

Size : 18in x 20in

Medium : Graphite on watercolor paper

In this piece, I wanted to show the environmental impact of fast fashion on the environment. Using Miles Johnston as my inspiration, I want to replicate his use of abstract shapes and surrealist compositions to show the pollution and human labor that is an outcome of the fast fashion industry. Johnston uses graphite to achieve very smooth, realistic blending, an element that I would like to replicate in my own work.



Rachel Plamann

Title : Late Nights

Size : 2ft x 4ft

Medium : Acrylic paint on wood

This piece is inspired by Owen Rivel, and the way he uses acrylic paint to create dramatized depictions of candid moments in life. In his piece "Crypto Cowboy," he shows himself working late at night, surrounded by various snacks and activities. I want to use a similar composition to show my experiences staying up to do work. Using acrylic paint, I also want to replicate his use of smoothly blended acrylic paint with different light sources.